

# TEA 4 CHANGE



**"JOIN US FOR TEA4CHANGE!"  
SUPPORTING TOUGH ENOUGH TO CARE AND  
CHANGING THE LANDSCAPE OF MENTAL HEALTH**

**LET'S BREW HOPE, SMASH THE STIGMA, AND MAKE MENTAL HEALTH SUPPORT ACCESSIBLE FOR ALL!**

## **EVENT DETAILS**

 **DATE:**

 **TIME:**

 **LOCATION:**

**COME ALONG FOR SOME DELICIOUS CAKES, AND A CUPPA!  
ALL PROCEEDS WILL SUPPORT VITAL MENTAL HEALTH INITIATIVES.**